

Besides good grades and getting into a good school, what else do children need?

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Many parents ask what holistic education is. From the perspective of the wisdom of the Chinese people that has been passed down for thousands of years, it is the cultivation of a child's "morality, intelligence, physical fitness, social skills, and aesthetics"; from the perspective of psychologists, it is the cultivation of a child's multiple intelligences; from the perspective of education, it is not only the pursuit of knowledge, but also the cultivation of a child's values, attitudes, artistic and cultural accomplishments, interpersonal skills, problem-solving, and thinking abilities. To put it more simply, from the perspective of ordinary people, holistic education is about making sure the child is well-rounded, with good grades, many friends, positive thoughts, and capable in music, sports, and art. Do you want your child to achieve holistic development?

Multiple intelligences are divided into seven categories, with innate and acquired factors each playing a role.

Today, let's introduce the commonly mentioned multiple intelligences from the perspective of psychology. The "Theory of Multiple Intelligences" was proposed by Professor Howard Gardner of Harvard University in 1983. He found that intelligence can be divided into at least seven types, which are linguistic intelligence, logical-mathematical intelligence, spatial-visual intelligence, musical intelligence, bodily-kinesthetic intelligence, interpersonal intelligence, and intrapersonal intelligence.



When it comes to "intelligence," parents might think of genius or innate talent. Is intelligence innate, or is it nurtured? In fact, a person's intelligence is partly innate and partly nurtured. Every child's innate intelligence has a range, for example, an IQ of 100-120. No matter what you do or how much stimulation you provide, their IQ will not exceed 120, and they cannot become as smart as Einstein. So, do we still need to cultivate children's multiple intelligences? Of course! Whether a child's IQ stays at 100 or reaches 120 depends on how they are nurtured later on!

Each type of intelligence is equally important.

So, how should they be nurtured? Through practice? Classes? Experiencing the world? Sports and music? In fact, different types of intelligence require different nurturing methods. Scholars propose the theory of multiple intelligences to remind everyone that while parents want their children to achieve good grades and cultivate their academic subjects, such as Chinese, English, and Mathematics, they should not forget that other intelligences are equally important to the child, especially interpersonal and intrapersonal intelligences. If a child lacks in one of these areas, how can they survive in society? Therefore, when selecting courses for children, do not just choose academic, language, or literacy classes. We should pause and think, besides academic performance, in what areas does the child need improvement? How are the child's communication skills? Analytical skills? Introspective skills? If a child's communication skills are lacking, should parents choose courses that provide ample space for interaction, such as drama classes, to help them express themselves more?

Remember the significance behind "multiple intelligences" discussed today. Pause and think about the development of your child beyond academics!